# Newtown Linford Magazine

### **ISSUE NUMBER 121**

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February 2015

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I've just come back from visiting friends: missionaries who are working in the north of Thailand, and when I arrived my suitcase contained all sorts of treats which they can't easily get over there: good quality cotton sheets, dark chocolate, a couple of Jackie Mee's wonderful Christmas puddings, books and a computer game, to name just some. I remember the first time I visited missionaries in Kenya and took apples with me (you could in those days!) and every evening they shared one apple between the whole family, savoured and eaten slowly; watching this was an experience which has never left me and which I love to repeat in kind whenever I can.

Of course the experience is never one way. Those friends wanted to treat me too, and so we would head off on trips in their old banger to see sights and talk of some of the realities of life for these people with their history, culture and beliefs, struggles and joys. And when I came home, my suitcase was replenished with other treats and my heart with memories.

So now I have a new teapot. Its ceramic pattern is distinctive to Chiang Mai in the north, its shape is very Asian, it makes a good cup of tea (enough for two!) and it brings back all sorts of memories for me of conversations, meals in odd places and the experience of picking tea on a dense green hillside for an afternoon. It is full of

personal stories.

Actually, never mind the teapot, every cup of tea has a personal story behind it, and of course that is true of every product which we have as a result of somebody else's hard work. Though we can't indulge in every story of every producer all the time, Fairtrade will en-

courage us again this month to shop in a way which honours those who grow our sugar, cacao, fruit, tea and coffee: to ensure they are paid fairly, to respect them as people like us with families and living needs. 'Groby Does Tea and Cake' is an initiative of the Churches to encourage some businesses, Community Groups and schools to support Fairtrade Fortnight throughout the village and to let the stories of producers be heard afresh. If you don't live in Groby, look out for the promotions in every Co-op store.

Fairtrade fortnight is  $22^{nd}$  Feb  $-8^{th}$  March and much more information is available at <a href="https://www.fairtrade.org.uk">www.fairtrade.org.uk</a>. From UK sales alone, £26m of Fairtrade Premium was invested by producers in 2013, but there is still a long way to go to make all trade fair - just 1.2% of cocoa and less than 10% of tea globally is traded on



Fairtrade terms. Consumer power does make a difference in bringing about change, so do take it seriously. Think about the services and products you buy or invest in; beyond this Fortnight, buying fairly is a commitment to fairness for other people.

The Bible has a lot to say about how we treat others; I end with this one in **Amos 5. 24**:

'Let justice roll on like a river, righteousness like a never failing stream!' Louise Corke



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### **VILLAGE DIARY**

### February 2015

7th Brownies Rummage Sale

12th Charity Bridge Drive 14th Village Ramblers

14th Valentines Dance, Village Hall

15th Jackanory - Storytelling, Village Hall

18th Ash Wednesday Service

23rd Parish Council 25th Bradgate Lectures

### Regular events

Monday afternoon Mature Movers fitness class V. Hall

Mondays 8pm at the Church Bell Ringing

Tuesday afternoons Mums & Toddlers
4th Tuesday of the month Gardening Club
1st Wednesday of the month Flower Club

3rd Wednesday of the month Ladies Luncheon Club Thursdays 11.15 Coffee Mornings for all

Thursdays 6.30 Brownies

3rd Thursday Gentlemen's Lunch Club

# February Coffee & Cake Newtown Linford Village Hall Thursday Morning 11.15am - Free All Welcome - All Ages



Please join everyone to catch up on village news and activities and to meet your fellow neighbours – call 01530 243433

### **Dates & Duty Rota Volunteers**

Feb 5th - Betty McChrystal & Gillian Bates

Feb 12th - Betty Blyth & Christine Chorlton (School Head)

Feb 19th - Angela Roach & Marilyn Wardle

Feb 26th - Sue & Dick Howard





### **RUMMAGE SALE**



### Saturday 7th March 2015

1.30pm in the Village Hall

Admission 50p



### Are you Spring Cleaning?

If so and you are outing unwanted clothes and bric-a-brac - please remember we are having a rummage sale and would be very grateful for your surplus articles.

Village Hall doors will be open for dropping off rummage from 9.30am on date or

collection can be arranged





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### "The Bradgate Lectures"

The Bradgate Park Trust presents

### 'The Archaeology of Bradgate Park'

a talk by Dr Lynden Cooper & Matt Beamish of University of Leicester Archaeological Services

on

Wednesday 25<sup>th</sup> February 2015

at

Newtown Linford Village Hall

Start time: 7.00pm

Admission: £2 Adults; £1 Children/Students/OAPs

Everyone welcome!

### **News from Bradgate Park**

It scarcely seems possible but Christmas is a distant memory and we are well and truly into 2015.

The Christmas Fair 2014 was a great success and big thanks are due to everyone who came and supported this event, especially the children, staff and parents of the Village School and the members of the Newtown Linford Choral Society who came and entertained us all during the course of the weekend.

Our first event of 2015 will be the second Bradgate Lecture, 'The Archaeology of Bradgate Park', which will take place on Wednesday 25<sup>th</sup> February in the Village Hall. Lynden Cooper and Matt Beamish of University of Leicester Archaeological Services will talk about the work that has been done so far in evaluating the Park's archaeology and what is planned for the future. In particular they will talk about the excavation of the internationally important Upper Palaeolithic site and what it tells us about the people who visited here 15,000 years ago. Admission costs £2 for adults, £1 concessions and the lecture starts at 7pm.

Looking further ahead, tickets for this summer's theatre performances are already on sale via the online ticketing website <a href="www.seetickets.com">www.seetickets.com</a> and will be available on site from Easter. The full 2015 events programme will be published in March.

Meanwhile the winter work is continuing with this year's coppice being cut in Swithland Wood and other tree work carrying on elsewhere on the Park. The areas being coppiced this year have not been cut for many years and so we are producing fewer stakes and binders for hedge laying. This means more larger diameter material will end up as either barbecue charcoal or firewood. On the subject of firewood, we deliver bulk loads free of charge to addresses in the Village so please do consider us the next time your wood store needs replenishing.

This year we hope to be able to make inroads into the backlog of repairs that are required to the dry stone walls around the spinneys on the Park. The priority always has to be the boundary wall and for the past couple of years we have struggled to get much more than the bare minimum done. A recurrent problem that we face is dogs chasing deer and we had two animals die within a three-week period between December and January as a result of being chased by dogs. Neither of these young deer were caught and mauled by dogs but died as a result of the stress caused by a prolonged chase at a time of year when they are at their weakest.

We keep repeating the message: please keep your dog under control when in the vicinity of deer and if you are not confident of your ability to recall it, please put it on the lead.

On a more positive note regarding dogs, we have installed large 'Jumbrella' umbrellas outside each tearoom so dog walkers who do not want to leave their pet alone outside can sit outside with them whilst being sheltered from the rain. The umbrellas will withstand winds of up to 50mph so we hope to be able to leave them up most of the time, only taking them down when extremely strong winds are forecast.

We continue to offer a range of activities for children and young people, both run by our own staff and in association with Woodlark Forest School. Little Larks Parent & Toddler Group runs every Tuesday morning in term time and is based at the Conservatory Tearoom. 'Woodland Warriors' Saturday club for 4-11 year olds happens every other Saturday in the woods at Hunts Hill and Woodlark also run Holiday Clubs for the same age group, also based at Hunts Hill. More details can be found at <a href="https://www.woodlark.org.uk">www.woodlark.org.uk</a>. For young people aged 11-18 who are interested in wildlife and working outdoors, Bradgate Young Rangers offers the chance to get involved in our conservation work. Contact Becky Bonney education@bradgatepark.org

We are also piloting an adult volunteer group and details will be available shortly. To express an interest contact <a href="mailto:rangers@bradgatepark.org">rangers@bradgatepark.org</a>

If it has not already been broadcast by the time you read this then keep an eye out for Bradgate Park on the BBC's 'Countryfile' programme. As I write this, researchers from Cambridge University have announced that taking moderate exercise such as a 20-minute walk each day, is even more important than was previously thought in ensuring long-term good health. Fortunately everyone reading this has the ideal opportunity right on their doorstep!

As a final thought, looking at our visitor numbers 8 out of the first 9 months of this financial year (April to December) were either the best or the worst of the last four years. Fortunately, we have had more 'bests' than 'worsts' but, given that the weather is the single biggest factor affecting our numbers, I wonder what this says about what is happening to the climate?

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For information see Margaret's web link <a href="www.hypnotherapy">www.hypnotherapy</a> association.co.uk / find a therapist / Leicestershire / Margaret Gee

To book an appointment or for more information please **Telephone**01530 242958 Text 07855 968050 or e-mail marhyp@uwclub.net

MARGARET GEE D.A.H.Hyp CHARNWOOD HOUSE, 516 BRADGATE ROAD, NEWTOWN LINFORD, LE6 0HB

# New Mums And Toddler Group

3pm-5pm every Tuesday at the Newtown Linford Sunday School Rooms by the entrance of Bradgate Park. Cost is £1 plus free tea, coffee and biscuits. First session on 27th January 2015.

Everybody is invited; Parents, Grandparents, cares, brothers and sisters. For more information call Beate on: 01530 245198



New group starting, donations of old toddler toys welcome



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### **Anstey Library**

Leicestershire County Council is searching for ways to save money and has been looking hard at the Library Service. The Council wants community groups to come forward to run their local libraries, but if not libraries such as **Anstey Library** may have to close.

Anstey Library

Further details of the Council's proposals can be found on <a href="http://www.leics.gov.uk/futurelibraries">http://www.leics.gov.uk/futurelibraries</a>.

The Council will help volunteer groups set up and run their libraries but this will happen only if the community is prepared to get behind the scheme.

### What Are We Doing?

A number of local people have already come forward to offer to help. We have set up the *Anstey Library Interest Group* to work with the Council's Library Service in the event that they go ahead with the closure, possibly as soon as summer 2015.

If we get enough support then Anstey Library will become a Community Library. We aim to keep the existing library facilities but we will have more flexibility in terms of opening times and we hope to extend the library facilities with other community activities.

### How Can You Help?

We need a number of volunteers who are each prepared to put in a few hours a week working in the library – the more volunteers the better. No previous experience of librarianship is necessary as training will be provided and professional help will be available.

We are also interested in hearing from you or your Group if you would like to bring in any other community activities.

So, if you:

- May be interested in becoming a volunteer
- Have any ideas for community activities that could be housed in the library
- Have an idea for a business that may be based in the library
- Would just like to be kept informed of developments at the library

please email <u>AnsteyLib@virginmedia.com</u>
or phone : Phil Knight, 0794 1959045





### Everyone needs a little help sometimes . . . .

Have you ever needed advice on debt, housing issues or benefits? Do you have experience of, or know someone who's been through domestic abuse? Perhaps you worry about the difficulties faced by young people locally or have felt uneasy when walking past a homeless person? Maybe you've contributed to – or needed to use – a food bank at some point?

#### **Have You Heard Of Charnwood Connect?**

We are a Loughborough based Partnership of Advice Agencies that help people to sort out their problems and get on with their lives. And, despite the continuing funding cuts, as advice agencies we are still here and still free! Partner agencies include Living Without Abuse, Youth Shelter, The Bridge, Charnwood CAB, PACE (Pro-Active Community Endeavour), Human Rights & Equalities Charnwood, John Storer Charnwood and Charnwood Borough Council.

### **How To Use Our Services**

We have always provided information and support face to face but can now offer a little extra through our new **Charnwood Connect Hub**, a website that gives you information on the services we offer and how to access them, and provides links to information on your legal rights, money advice, welfare benefits and local community organisations. As it's on-line it's available to you wherever you are and whenever you want to use it. Check out the website here: **www.charnwoodconnect.org.uk** 

### Join Us!

Remarkably, our services continue not just through the commitment of our experienced and knowledgeable staff, but also through the invaluable efforts of our amazing volunteers. Without their sup 16 port we



couldn't provide the breadth and depth of services that we do. They come from all walks of life and all age ranges, from students to retired and everything in between. Our volunteers give their time as mentors, advisers, receptionists, food parcel packers, researchers and befrienders. They bring enthusiasm and experience to PR and fundraising activities. They provide leadership as trustees and board members.

As well as putting a lot in, our volunteers gain from the experience too – in terms of confidence, new opportunities, training and experience that help them to feel good about themselves, play a role in our communities and develop skills that are useful when seeking paid work.

If you're interested in getting involved as a volunteer do get in touch. We have a variety of opportunities in different agencies and whether you're available for a few hours each week or just on an occasional basis we'd like to hear from you.

You can phone us or drop us an email and find out more.

#### Get in touch

Sally Hall Tel: 01509 221213

Email: <a href="mailto:sallyhall@charnwoodcab.co.uk">sallyhall@charnwoodcab.co.uk</a>
Louise Hall Tel: 01509 363155

Email:Louise.Hall@bridgehousingservices.com

### **Quotes from service users**

For the first time in ages I was able to sleep at night, my debts are sorted and I've kept my home

You've covered everything and reassured me, I'm now back on track with my life

### **Quotes from volunteers**

This has been one of the best things I've ever done

My confidence has grown, I'm learning lots and making new friends

I've got a job! And my volunteering definitely helped me to get it

I love knowing that I've made a difference.

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### **True Fasting**

his month sees the beginning of Lent, the 40 days of preparation running up to Easter. Although fasting is one of the neglected disciplines associated with this period, it occupies an important place in the Christian life. Jesus began his earthly ministry with fasting in the wilderness for 40 days and he also taught his disciples to fast (i.e. not *if* but *when*),

'when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.' (Matthew 6:17/18).

We don't fast to manipulate God into doing what we want or to impress others. It is not a command, but a choice we have to make to develop our relationship with God.

### What is fasting?

Fasting is voluntarily abstaining from food etc. to focus on God and give time for prayer. Prayer and fasting usually go hand in hand, as together they glorify God.

'So we fasted and petitioned our God about this, and he answered our prayer.' (Ezra 6:23).

### What are the

Lent begins on Ash Wednesday, 18<sup>th</sup> February and ends on Easter Day 5<sup>th</sup> April. It lasts 40 days or 46 days if you count Sundays!

# benefits of fasting?

Fasting gives us space to humbly focus on God for his strength, provision, and wisdom and results in a more intimate relationship with Christ. As Isaiah points out, it's not self-centred, but part of our care for the poor: 'Is not this the kind of fasting I have chosen: to lose the chains of iniustice and untie the cords of the yoke, to set the oppressed free and break every voke?'(Isaiah 58:6). Fasting enables the Holy Spirit to reveal our true spiritual condition, leading to brokenness, repentance, and a transformed life, with a heart more attentive to God.

### How do we fast?

Most commonly fasting involves missing one or two meals as part of a day for seeking God. Of course, some can't abstain from food for medical reasons. Fasting might also include refraining from TV, alcohol, sex (*cf* 1 Corinthinians 7:1-5) or whatever may be getting in the way of us being fully focused on God.

'Jesus takes it for granted that his disciples will observe the pious custom of fasting. ... Such customs have only one purpose - to make the disciples more ready and cheerful to accomplish those things which God would have done.' (Dietrich Bonhoeffer)

### **BRADGATE TEAM SUNDAY SERVICES—February 2015**

DATE	GROBY	RATBY	NEWTOWN LINFORD		
1st February	8.00am Holy Communion (LC)	8.00am Holy Communion (PH)			
Candlemass	9.30am Family Worship (LC)	10.00am Worship 4 All (PH)	10.30am Holy Communion (JW)		
	6.30pm Holy Communion (LC)				
8th February			8.00am Holy Communion (PH)		
2nd Sunday before Lent	9.30am Confirmation service with Holy Communion (LC + Bishop Christopher) 6.30pm	10.00am Holy Communion (PH)	10.30am Morning Prayer (KW)		
	Evening Prayer (PH)				
15th February	8.00am Holy Communion (PH)				
Sunday next before Lent	9.30am Morning Worship (LC)	10.00am Family Communion (PH)	10.30am Holy Communion (FB)		
	6.30pm Evening Prayer (LC)	6.00pm Holy Communion (PH)			
22nd February			8.00am Holy Communion (LC)		
1st Sunday of Lent	9.30am Holy Communion (LC)	10.00am Holy Communion (FB)	10.30am Family Communion (PH)		
	6.30pm 4SE				

	MIDWEEK COMMUNION SERVICES—February						
	NEWTOWN LINFORD	Thur	10am	5th			
	GROBY	Wed	9.30am	4th	11th	18th	25th
0	RATBY	Thur	9.30am		12th		26th

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### **CHURCH REGISTERS**



### **Weddings**

6th December ~ Andrew James Horsfall & Jessica Clare Brown

**Baptisms** 

None

**Funerals** 

None

### **Church Contact Details**

Team Rector Revd Dr Peter Hooper 0116 239 4606 The Rectory, 23 Ferndale Drive, Ratby, LE6 0LH Email: peter@hoopers.orangehome.co.uk

Team Vicar Revd Louise Corke 0116 231 3090 58 Pymm Ley Lane, Groby Email: words.th@talktalk.net



Parish Office: Bekki Williamson (9am - 11am weekdays) 0116 239 3768 Email: office@bradgateteam.org.uk

### **Regular Events**

Bell ringer's practice: Monday 8pm

Thank you Ladies for all the home made mince pies which you made for the Carol Service.

They were absolutely delicious and went well with the mulled wine!.

Many thanks from everyone there who sampled them!

# Parish Ash Wednesday Service 18th February 7.30pm At Newtown Linford Church

A traditional service including hymns, readings and the imposition of ashes

### "Life is Waiting"

... is the intriguing title for the Lent course that will be offered in the Parish for this coming Lenten period.

Based on the film The Terminal, it follows the journey of a visitor to the USA who in mid-transit finds that his country has changed government and his visa plus passport cancelled. On arriving at New York airport he is stuck in the terminal building as the USA will not accept him and he can't return home without a new passport.

As a prelude, the film will be screened in Ratby Church on Friday 20th February, starting at 7.30pm.





During Lent we will meet each week at the Ratby Methodist Church, starting at 7.45pm with a finish time of 9.15pm.

A short Evening Prayer will also be offered for those who would like to stay on afterwards.

The five sessions will include extracts from the film, discussions, questions, and a review of relevant Bible Passages.

Each evening is standalone, and covers the following themes.

25th February Identity
4th March Loneliness
11th March Promises
18th March Punishment and Forgiveness

25th March Life is Waiting

22

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The Mayor of Charnwood, Councillor Paul Day is holding



**A Charity Bridge Drive** 

on Thursday 12th February 2015

Newtown Linford Village Hall.

1.30pm for 1.45pm start £6.00 per person Including afternoon tea

To book a table contact either Sue on 01530 245373 or Pauline on 0116 2364376.

The Mayor's Charities are Exaireo Trust and Canine Partners

### Village Ramblers 2015 Programme

Below is a provisional programme for 2015

### MEET: Opposite the Village Hall, to depart at 2pm

Walks are usually between 4-5 miles. Please wear walking boots/shoes.

14th February	Jo and Claire Costello	249613
14th March	Toby and Felicity.	245298
11th April	Jan Croft	244865
9th May	Penny Neaves	0116 2362

 9th May
 Penny Neaves
 0116 2362660

 13th June
 John Castle.
 01455 293165

 11th July
 Pat Buckmaster
 01455 823422

8th August Iris Sayer 243822 12th September Peter Lowe 242877

10th OctoberChristine Hall.0116 237 465814th NovemberSarah Forester.0116 2353054

12th December Ed Killick 249589

9th January 2016 Lesley Baker 01509 890771

Enquiries to the walk leader.

### **HANDING ON THE REINS AFTER 20 YEARS**



After twenty years coordinating the monthly Village Walks Glenis Meredith has decided to hand the responsibility on.

At the annual meeting, 12 members of the Walking Group, each volunteered to lead one of the monthly walks in 2015. They

25

would then be responsible for planning and leading the walk as well

as sending a photo and write up to Carole, for the following month's Village Magazine.

All the members expressed their appreciation of Glenis's organisational skill and dedication over the years. The Group presented Glenis with some lovely seasonal cut flowers and a cheque, which she has decided to spend on a family National Trust membership, so that she can visit N.T. properties with her grandchildren, especially Stoneywell.

**Stoneywell** opens from the 2nd February. As it is a small property, visitors need to prebook their visit via

Nationaltrust.org.uk/mag/stoneywell or phone 01530 248048.



Opening Times are
Monday, Tuesday, Wednesday, Thursday, Friday - 5pm till close.
Saturday 12 till close Sunday 12 till 10:30pm





### **Jackanory**



### Comes to the Newtown Linford Village Hall

### Sunday 15th February 4.30pm

We are presenting a story telling event for boys and girls (and the young at heart!)

It will be a real treat and all are welcome to join us for a couple of hours of fun and fantasy.

Why not bring a comfy cushion, your favourite cuddly toy and settle.

Dress Code: Could be fancy dress, every day or your Xmas Pyjamas"

You Choose





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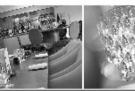


The Grey Lady is nestled in Newtown Linford in the heart of Charmwood Forest overlooking Bradgate Park yet less than 20 minutes from Leicester, set in over three acres, it has an enviable outside drinking and dining area overlooking the forest. Our taster menu is now available, Monday – Thursday evenings to enjoy delicious dishes such as:

- · Pea Veloute, Pancetta Foam
- Poached Salmon Mousse, Smoked Salmon, Avocado & Wheat Wafers
- Pan Fried Chicken, Fondant Potato, Runner Beans, Breaded Mozzarella, Chorizo & Rosemary Jus
- Mango, Lime and Coconut
- Bitter Chocolate Pave, Apricot Elements & Almond shortbread



For more information or to make a booking please contact:
Telephone 01530 243558 Email info@the-grey-lady.co.uk





www.the-grey-lady.co.uk

### **Newtown Linford Gardening Club**

We may have had a mild winter so far with relatively little snow or frost, however we have had some high winds - so much so that we lost a 20 foot tree from our garden just before Christmas. It has changed the outlook in the whole garden considerably but, on the other hand, we now have a large area totally empty in which we can plant something entirely new. Gardening is like that, isn't it? Nothing stands still and new opportunities arise.

Following our talk in January on Garden Birds from Dr Edwards of the RSPB, our meeting on 24th February takes us back in time, when Matthew Haddon talks to us about Gardens of the Middle Ages. Although that seems a long time ago and there have been many changes over the years, not to mention hundreds of plants unknown to British gardeners in those times. We might be surprised as to how many plants from that era are still grown and how much of garden design is still with us. There are some grand houses where the gardens have been restored to their former glories and we can see, at first hand, the changing fashions in gardening.

We have welcomed a large number of new members this year and will be pleased if others want to join us. If you are interested in our activities just contact the Secretary (tel. 242452 or e-mail 01530242452@talktalk.net),

or come to one of our meetings to see how you like it before making a commitment (£2 for visitors). Alternatively give us a ring and ask for a copy of our programme for the coming year and we will be pleased to send one to you.

### **Anne and David Couling**

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Our County Councillor for Bradgate Division and Borough Councillor for Forest Bradgate David Snartt has issued the following Cabinet Statement.

"I thought it was right to let you know that I have stepped down from my Cabinet Lead Member role at Charnwood Borough Council



I will still be the Councillor for Forest Bradgate Ward and will continue to do all I can for the residents who live within the Ward. There is no change to my duties at the County Council."

This is part of my statement I made when stepping down "it is with great regret that I have recently stepped down from my Cabinet lead at Charnwood Borough Council. As Lead Member for Communities I have recently found it difficult to influence or deliver services for the benefit of residents within the Borough, especially decisions taken that, in my view, affect the wellbeing of communities. Therefore I believe it is in the best interests of all concerned that I step aside. I will continue to work hard to improve the services that are delivered to our communities, albeit from the back benches."



#### Newtown Linford Gentlemen's Luncheon Club

On the third Thursday of every month, The Grey Lady Kitchen and Deli in Newtown Linford plays host to a gathering of around two dozen retired gentlemen who enjoy an excellent three course lunch and, of course, convivial company.

The Gentlemen's Luncheon Club has been meeting for well over twenty years, initially at the Johnscliffe, and more recently in the village centre. Some members have been with us for most of that time, but the majority have joined in more recent years as the demands of daily work slow down or come to an end.

We are a very lively bunch, as the staff at the restaurant will testify, although, of course, impeccably behaved, sharing conversation and repartee along with a convivial drink and meal.

When I first joined as a newcomer to the Village, I was able to get to know a large number of residents in a short period of time and it played a major part in my becoming involved in the life of the Village.

We will always welcome new members and if there are readers who might consider joining us, we would be delighted to hear from them. A telephone call to me at 242452 will help to provide more details so you can decide whether to give us a try. We look forward to hearing from you.



#### From The Records

### **Keepers of the Park**

The item in the Leicester Mercury last month about Michael Harrison who ran the Park from 1961 to 2012, who died suddenly at home in November age 79, also tied in with an article I found in the Village Records for 1977 about the Park giving information about "the keepers of the Park".

The Park was given to the people of Leicester and Leicestershire as an open space for the benefit of the residents but it came with no funds for it's upkeep. To start with, both the City and County provided funds. Over the years, these have reduced and now it is an independent Charity raising money elsewhere - one reason for car parking charges. This fits in with the 21st Century habits. In the 1960s people came on the buses, mainly at the weekends, and the half day closing in Leicester and Loughborough, but now with many car owners it is daily especially during the weekends and school holidays.

Mr Harrison brought the upkeep of the Park into the 21st Century. He was Land Agent and Surveyor at Bradgate Park for 50 years having taken over from Mr Edward Turner.

When Mr Harrison took over, there was a diseased deer herd, low visitor numbers and the ruins of Lady Jane Grey's family home was deep in weeds. He tidied up the Park, revived the health of the deer herds but more importantly he sorted out the Park's finances. Later came the Visitor Centre and the Bradgate Tea Room.

He always respected the Park's history, heritage and structure when making it a successful visitor attraction. Mr Tyldesley, the present land agent and surveyor at the Bradgate Trust is continuing the good work.

There is also an article about Mr George Grass, Head Keeper at Bradgate Park in 1961. He talks about the start of tagging the deer in 1962. Annually in June the men range the 800acres to find the newborn deer. In 1963 the Ministry of Agriculture Veterinary Surgeon carried out a research project on the Red Deer to find the cause of "Swayback" when it was very prevalent in the herd. Copper deficiency was the answer.

Mr George Grass loved his job. He was one of the old school walking the Park daily, he knew every blade of grass.

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### **HAPPY 2015!!**

After the often over-indulgent holidays, it's a good idea to give our bodies a break in the New Year and have a good clean out. Getting rid of toxins from the digestive tract will help you feel less fatigued and bloated. Try removing sugar, caffeine and breads from your diet for a month. Replace them with fresh fruits and vegetables, sweet potatoes and brown rice. Drink herbal teas where possible. Give your liver a month off alcohol and see how much better you feel.

There are lots of coughs and colds floating around during this time of year. Two great foods to take are Lemon and Ginger. They are both great cold remedies in themselves; but taken together they become a super food. Lemons, high in vitamin C, help support the immune system. Lemon juice also has anti-inflammatory qualities known to soothe sore throats and irritated membranes and has an antiseptic action that helps directly fight off the cold virus. Ginger helps stimulate your body's perspiration, which can cleanse the system and reduce the body temperature. It also has antiseptic properties and can help soothe an irritated stomach. To make a cold fighting special drink, take a 3 inch piece of fresh ginger and peel completely. Chop it coarsely and mix in a bowl with the juice of  $\frac{1}{2}$  a lemon, 1 – 2 tbsp of honey (or pure maple syrup if you don't like honey) and a pint of boiling water. Cover and let steep for 10 minutes. Strain into a cup and drink. You can drink this hot or cold but if you're going to drink it hot, please make sure the water has cooled sufficiently so as not to burn.

If you're an exerciser fan like me but you're starting to feel as though a cold is fast approaching, please take a couple of days to rest and heal your body. If you have any questions regarding exercise or nutrition, please contact me at <a href="mailto:Forestfitstudio@gmail.com">Forestfitstudio@gmail.com</a>. Jacqui

## GROBY COMMUNITY COLLEGE STUDENTS FUNDRAISER SUCCESS!



It was Broombriggs House students labour of love that raised £119, which was used towards granting the wish of a four year old little girl who was undergoing treatment for Acute Lymphoblastic Leukaemia. Her



greatest wish was to visit Disneyland Paris and meet with the princesses. Along with this donation, Wishes 4 Kids were able to send her, her family, for a magical four day VIP visit where she met with all the princesses!

WELL DONE TO ALL THE STUDENTS AND STAFF INVOLVED!

### CHRISTMAS DAY 2014 FOR THOSE ALONE IN AND AROUND ANSTEY

Kerry Sharpe

Everyone who attended Christmas day for those alone in Anstey and surrounding villages had a great day, volunteers and guests alike. We catered for 72 people! All guests had a lovely 5 course Christmas dinner, presents and a goody bag stuffed with lots of yummy food.

We enjoyed great entertainment from Nigel North on the accordion doing a great sing a long, Sean Dodds did some stand up comedy and great magic tricks both on stage and around the tables, and last but not least we had a few games of bingo!

Julie, Matt and I would like to thank all the volunteers who came forward to help both prior to the day and on the day whether that be the initial planning, securing funds, setting up the room, wrapping presents, putting up posters, providing transport, hosting a table, and most definitely a massive thanks to Julie and all her team for organising, buying and cooking such a wonderful meal on the day (something I definitely do not get involved with as cooking is not my strong point!!).

A massive thanks also to Next for a very generous donation of £250 and a lovely presents for all the ladies; Aurum holdings based near Scudamore Road for the beautiful jewellery boxes donated for presents

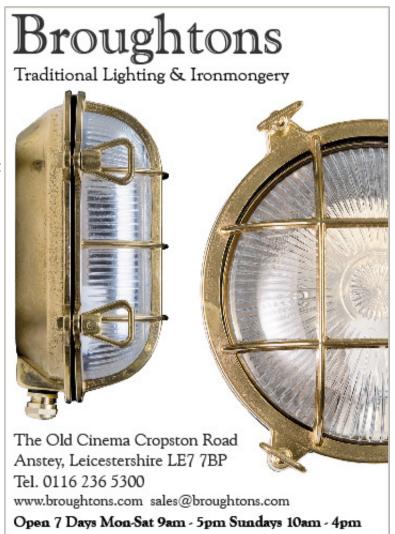
for all; Anstey Parish Council for their donation of £200; Jacobs Bakeries in Wigston for their donation of boxes of biscuits for everyone; Age UK for donations of food, and to other companies who helped in some way:-Aldi, Midlands Co-op, Greens surveyors – Anstey.

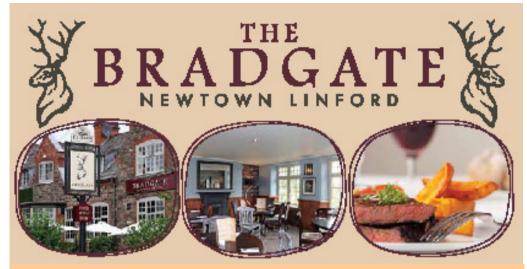
Thanks also to St Marys Church, Anstey who don't charge anywhere near the full amount for hiring the room and without the room this couldn't go ahead so thanks very much for the use of the room once again.

Thanks to all my colleagues at work who got together through direct donation or donations of money, most of the men's present, thanks also to

those people. many of who remained anon who donated money. we had various amounts in envelopes through ours or Julies door or given direct to the Parish Council as our funds are with them (thanks to Liz in the Parish Council for all her help too). Many guests and helpers also donated money on the day as well.

Thanks for reading and a happy new Year





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# Newtown Linford Neighbourhood Watch A member of the Parish Council



The Police Beat Team seem to have dropped off from sending a daily list of incidents. It worked well for a few months last year when whoever was on duty sent it to all the villages in our Beat. I have contacted them to see why but not yet received a reply. Whilst there is not much going on in Newtown Linford there is usually guite a bit in the surrounding villages.

A brand new adult's mountain bike, electric tools and other bits and pieces were taken from a garage at the Bob Bown end of Grey Crescent during the middle of the day. A resident reported seeing a young person on a motor bike prying around that area a few days previously. The rider had attitude and asked the resident what she was looking at. He therefore appeared guilty. I assume at the same time one of the privately owned garages on the Bob Bown Playing Field was broken into but nothing was taken. The owner chose not to report it to the Police.

There is a telephone scam at the moment. They are saying they are from the Police and they need to collect your Credit Card. This is the only info I have.

Pam McMorran NHW Co-ordinator – pam@riverlyn.freeserve.co.uk 01530 242201





Police and Neighbourhood Watch: We were pleased that P.C.S.O Steve Quinn was able to attend the January meeting. He spoke briefly of the new operational policing for Leicestershire to come into force soon. The Chairman and a Councillor had attended the briefing for this at the Force Headquarters recently. Steve said that only 24 Parish Councillors had attended out of about 400 in the County. Briefly Syston Police Station will close and we will come under Loughborough Police Station with one Commander. The Beat Team will remain the same with the same duties save they will no longer deal with crime which will leave them more time for community engagement. Unfortunately not every Beat will have a Police car and our Beat Officers may have to use their own cars for which they will not be recompensed.

**Bob Bown Memorial Field:** The top rail of fencing round the football pitch has been replaced.

<u>Highways, footpaths and traffic:</u> The County Council have given us advance warning that sometime within the next eighteen months the service road on Groby lane will be closed for about 5 days in order to patch the surface of the road. The actual date will be given 2 weeks in advance.

If you notice a street light near you is on all the time or out of action the number to ring is:- 0116 305001 at the County Council. Sometimes the County Council acts quicker to a resident's report that the Parish Council.

The Parish Council has agreed to purchase three new grit boxes — one for each end of Grey Crescent and one for Bracken Hill (a resident has agreed for this to stand on his land). The down side is we have to persuade the County Council to provide them and keep them filled. May not be this season with all the cut backs.

<u>Planning:</u> A variation of condition to a planning application at 504 Bradgate Road has been granted.

The February meeting will be on Monday 23<sup>rd</sup> and the March Meeting also on Monday 23<sup>rd</sup>. Both meetings at 7 p.m. in the small room of the Village Hall. Everyone welcome.

Lydia Knott
Clerk to the Council
t: 01530 242522; e: lydia.knott@hotmail.co.uk



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### **Contributions to Village Magazine**

Can we have your contributions for the March 2015 issue by 15th February 2015 please. Send to the Editor, Carole Heubeck, 5 Grey Crescent, Newtown Linford (01530 244790).

E-mail heubeck111@btinternet.com & heubecks@googlemail.com

Please could you send any emails to the above email addresses. If you do not receive an acknowledgement of your email - please contact Carole, the Editor direct on the above number to check we have received it.

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